



## **DR. JULIANA HAUSER**

### **THERAPIST, COACH**

#### **LET'S CONNECT**

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QQ **Life doesn't have to happen to you. It can happen for you and with you and because of what you value and desire.** OO

**- Juliana Hauser**

#### **ABOUT**

Dr. Juliana is a licensed marriage and family therapist and a counselor with a Ph.D. in counseling education. For 20 years, she's worked with clients to help them manage relationships, sexuality, confidence, infertility, and more. Her work has been featured in Oprah, CBS's The DrS., The Wall Street Journal, Forbes, Women's Health, The Discovery Channel, Martha Stewart, Conde Nest, TV Panel ShareCare, Inc., and Shape (among others).

Her flagship courses include REVEALED: Uncovering your Sexual Story, REVEALED International Facilitation Certification, Be Your Own (S)expert and The Wanting. She's also a writer and thought-leader, and she speaks to audiences around the world. Most recently, she was named the Lifestyle Expert for Tempur Sealy, where she also serves on their Sleep Council, is the therapist at large for The Broadway Collective, and (s)expert for Campowerment.

#### **CORE MESSAGE**

How we connect to our sexuality says EVERYTHING about how we see ourselves, our relationships, and the world. Sexual agency is the game changing concept. And the skills we build doing the work of discovering our sexuality translate into every other area of our lives. This is big work that has the power to completely transform us from the inside out.

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## TOPICS

Juliana can cover the following topics on your TV segment/podcast/membership site:

- How to own your pleasure and increase your libido
- How to date again after divorce or the death of a partner
- How to recapture a lost spark in your marriage
- How to have great sex (without shame or guilt)-spice up sex life
- How to feel deeply connected and vulnerable with your partner(s)
- How to say a permanent goodbye to sexual insecurity
- How to claim joy in your next chapter after a breakup
- How to find (and keep) the love you deserve
- How to find sexual pleasure during and after menopause
- How to discover what you want and ask for it in bed
- How to feel more connected to your body and your sexuality
- How to work through body issues as they relate to sexual relationships
- How to talk to your kids about sex
- Creating better sleep hygiene
- Communication best practices with couples
- The List: a step by step guide to figuring out what you want in a partner

Dr. Juliana has a variety of topics to speak about but the above are a few examples. Always ask if your desired topic isn't listed.

## As Seen In:



Women's Health

Fodor's Travel

London  
Evening  
Standard

Forbes

THE Doctors

martha  
stewart  
weddings



sharecare

health data services

SELF

THE Sun

WEDDINGWIRE

sheknows

Kinkly

askmen<sup>+</sup>  
BECOME A BETTER MAN

THE FEMEDIC

COSMOPOLITAN

CONDÉ NAST

SWAY

Red